Harvard First Generation Mentoring Program

The First Generation Mentoring Program exists to offer you guidance and community during your undergraduate years at Harvard. Mentors are college graduates who were also first generation college students, many of whom are involved in the program because they were Harvard undergraduates or they otherwise feel a connection to current first gen students. This commonality means that your mentor is in a unique position to understand your experiences as you begin your college career at Harvard, to offer you guidance, and to be a good listener about this exciting stage in your life.

Program Participation Suggestions

- Spend about 2 hours a month with your mentor throughout the academic year.
- Maintain contact with your mentor. Return phone calls, texts and emails.
- Keep appointments that you schedule with your mentor. Try not to cancel meetings if you can help it. If you cannot make it to a meeting you've scheduled, let your mentor know as far ahead of time as you can and offer a good time to reschedule.
- When you can, take responsibility for setting appointments. For example, if you haven't heard from your mentor in a few weeks, reach out and say hello.
- Let your mentor know what you need and whether the mentoring relationship is working for you; your mentor is involved in the program *for you* and wants it to be a positive experience for you. S/he will work hard to make the relationship work.
- If you encounter problems in your mentoring relationship that you cannot resolve on your own (and we hope that you won't), reach out to Yordanka Delionardo (<u>ydelionardo@gmail.com</u>) or Glenn Moramarco (<u>glennmoramarco@gmail.com</u>) and let them know. They will do their best to help.
- At the end of the academic year, complete the end of year evaluation so that we can continue to improve the program for next year's undergraduate class.
- Have fun, and best of luck at Harvard College!